




October 2024



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 BF– Biscuits w/Jelly & Strawberries</p> <p>Lunch– Cheese Quesadillas/ Green Beans/Pears</p> <p>PM– Graham Crackers w/ Bananas</p>	<p>2 BF– Cinnamon Swirl Bread w/Butter & Pears</p> <p>Lunch–Cheeseburgers/ *Veggie Patty/Bun/Mixed Vegetables/Peaches</p> <p>PM- Snack Mix w/Cheese</p>	<p>3 BF - Cereal w/Peaches</p> <p>Lunch - Cheese Pizza/ Carrots/ Mixed Fruit</p> <p>PM –Wheat Crackers w/Cheese Cubes</p>	<p>4 BF-Pancakes w/Applesauce</p> <p>Lunch-Turkey & *Cheese Roll-ups/Broccoli/Pineapple</p> <p>PM-Animal Crackers w/100% Juice</p>
<p>7 BF– Pancakes w/Pears</p> <p>Lunch–Chicken Corn Dogs/ Peas/Fresh Apples</p> <p>PM– Pretzels w/String Cheese</p>	<p>8 BF– Yogurt w/ Peaches</p> <p>Lunch-Grilled Cheese/Tomato Soup/Pineapple</p> <p>PM– Tortilla Chips & Salsa w/ 100% Juice</p>	<p>9 BF– Bagel w/Cream Cheese & Fresh Strawberries</p> <p>Lunch-Chicken & Rice Casserole/Corn/Mixed Fruit</p> <p>PM– Cheese & Crackers</p>	<p>10 BF– Cereal w/Bananas</p> <p>Lunch– BBQ Chicken Sandwich/Green Beans/Strawberries</p> <p>PM– Breadsticks w/Marinara & 100% Juice</p>	<p>11 BF–Croissants w/Pears</p> <p>Lunch-Spaghetti w/ Meatballs/ Mixed Vegetables/Fresh Oranges</p> <p>PM– Cornbread w/100% Juice</p>
<p>14 Academy Closed</p> 	<p>15 BF- Mini Muffins w/Pineapple</p> <p>Lunch –Macaroni & Cheese/ Mixed Vegetables/Applesauce</p> <p>PM - Wheat Crackers w/100% Juice</p>	<p>16 BF-English Muffins w/Pears</p> <p>Lunch– Chicken & *Cheese Quesadilla/ Green Beans/Mixed Fruit</p> <p>PM– Crackers w/Cheese Slices</p>	<p>17 BF– Cereal w/Bananas</p> <p>Lunch–Parmesan Pasta/ Meatballs/Carrots/Pineapple</p> <p>PM– Snack Mix w/Fresh Oranges</p>	<p>18 BF–Bagels w/Cream Cheese & Strawberries</p> <p>Lunch–Turkey Hotdog/Bun/ Broccoli/Pears</p> <p>PM–Yogurt Parfait w/Peaches</p>
<p>21 BF-Cinnamon Swirl Bread w/Butter & Pineapple</p> <p>Lunch– Chicken Patty/*Veggie Patty/Bun/Peas/Pears</p> <p>PM-Soft Pretzels w/Cheese</p>	<p>22 BF-French Toast w/Mixed Fruit</p> <p>Lunch– Cheese Pizza/Green Beans/Applesauce</p> <p>PM–Snack Mix & Orange Slices</p>	<p>23 BF-Biscuits w/Jelly & Pears</p> <p>Lunch-Sloppy Joe/*Veggie Patty/Bun/Peas/Pineapple</p> <p>PM-Breadsticks w/Marinara & 100% Juice</p>	<p>24 BF - Egg Patty, Toast w/ Butter & Pears</p> <p>Lunch - Cheese Ravioli/Beef Crumbles/Marinara/Carrots/ Mixed Fruit</p> <p>PM - Graham Crackers w/Milk</p>	<p>25 BF–Cereal w/Bananas</p> <p>Lunch–Chicken Nuggets/ *Veggie Nuggets/Green Beans/ Applesauce</p> <p>PM-Goldfish w/100% Juice</p>
<p>28 BF–Pancakes w/Apples</p> <p>Lunch-Spaghetti w/ Meatballs/ Mixed Vegetables/Mandarin Oranges</p> <p>PM– Cornbread w/100% Juice</p>	<p>29 BF-Croissants w/Peaches</p> <p>Lunch-Macaroni & Cheese/ Green Beans/Pineapple</p> <p>PM– Pretzels w/String Cheese</p>	<p>30 BF– Cereal w/Bananas</p> <p>Lunch– Sloppy Joes/*Veggie Patty/Bun/Broccoli/Applesauce</p> <p>PM– Mini Muffins w/100% Juice</p>	<p>31 BF-French Toast w/Pears</p> <p>Lunch-Grilled Cheese/Peas/ Mixed Fruit</p> <p>PM-Wheat Crackers w/Fresh Oranges</p>	

*Vegetarian Option. Menu is subject to change. Children under 2 will be given appropriate substitutions when necessary. Milk is served with breakfast and lunch.