

KIDDIE ACADEMY[™]

EDUCATIONAL CHILD CARE

Kiddie Academy[®] of Mason Menu Plan Fall Week One

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	Yogurt Water	Danish Milk	Bagels Jelly Milk	Cheerios Milk	Blueberry Nutri-Grain Bars Milk
Lunch	Chicken and Dumplings Cranberry Sauce Green Beans Milk Alt: Hummas	Cheesy Veggie Casserole Bread Peaches Milk	Cheese Quesadillas Pineapple Corn Milk	Salisbury Steak Bread Carrots Pears Alt: Toasted Cheese Sandwich	Corndogs Peas Oranges Milk Alt: Black Beans
PM Snack	Graham Crackers Juice	Pretzels Juice	Cheez-its Juice	Vanilla Wafers Juice	Rice Krispy Treats Juice

Note: All juice is 100% juice, and Vitamin C fortified.

*Menu subject to change without notice due to availability.

KIDDIE ACADEMY_{LLC}

EDUCATIONAL CHILD CARE

Kiddie Academy[®] of Mason Menu Plan Fall Week Two

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	Yogurt Water	Biscuits and Jelly Milk	Mini Donuts Milk	Cornflakes Milk	Strawberry Nutri-Grain Bars Milk
Lunch	Chicken and Rice Cranberry Sauce Carrots Milk Alt: Cheesy Rice	Cheesy Hashbrown Casserole Broccoli Peaches Milk	Pizza Pears Cauliflower Milk	Chicken Nuggets Green Beans Applesauce Milk Alt: Hummas	Tomato Pasta Peas Oranges Milk
PM Snack	Oreo Cookies Juice	Cheese Snacks Juice	Goldfish Juice	Ritz Crackers Juice	Saltines Juice

Note: All juice is 100% juice, and Vitamin C fortified.

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KIDDIE ACADEMY_™

EDUCATIONAL CHILD CARE

Kiddie Academy[®] of Mason Menu Plan Fall Week Three

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	Yogurt Water	Danish Milk	Bagels and Jelly Milk	Rice Krispies Milk	Whole Grain Cereal Bars Milk
Lunch	Mac and Cheese Cauliflower Oranges Milk	Polynesian Meatballs Rice Green Beans Pineapple Milk Alt: Cheesy Rice	Chicken Patties Carrots Cranberry Sauce Milk Alt: Tomato Pasta	Turkey Sausage Broccoli Peaches Rolls Milk Alt: Cheesy Hashbrowns	Cheesy Pasta Peas Pears Milk
PM Snack	Cheese Stix Juice	Graham Crackers Juice	Cheez-its Juice	Vanilla Wafers Juice	Rice Krispies Treats Juice

Note: All juice is 100% juice, and Vitamin C fortified.
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KIDDIE  ACADEMY_{LLC}
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 Menu Plan
 Fall Week Four

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	Yogurt Water	Biscuits Milk	Cheerios Milk	Blueberry Muffins Milk	Cereal Bars Milk
Lunch	Veggie Lasagna Cauliflower Pineapple Milk	Hamburgers Green Beans Oranges Milk Alt: Grilled Cheese	Cheesy Bread Stix Peas Applesauce Milk	Fish Stix Broccoli Peaches Milk Alt: Mac and Cheese	Dino Pasta Carrots Pears Milk
PM Snack	Oreos Juice	Zoo Crackers Juice	Goldfish Juice	Ritz Crackers Juice	Saltines Juice

Note: All juice is 100% juice, and Vitamin C fortified.

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